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| **YEAR**  **A** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| SEAL: New Beginnings | SEAL: Getting On and Falling Out | SEAL: Going for Goals | SEAL: Good to be Me |  |  |
| **Reception** | Beginning and Belonging | Family & Friends (incl. anti-bullying)  My Emotions | Me and My World | My Body and Growing Up | Keeping Safe (incl. drug education) | Healthy Lifestyles |
| **Year 1&2**  **Year 3&4**  **Year 5&6** | Beginning and Belonging | Family & Friends | Working Together  Financial Capability | Managing Risk  Safety Contexts | Sex & Relationships education (All Year Groups) | Healthy Lifestyles |

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| **YEAR**  **B** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| SEAL: New Beginnings | SEAL: Say No to Bullying | SEAL: Relationships | SEAL: Good to be Me | SEAL: Changes |  |
| **Reception** | Beginning and Belonging | Family & Friends (incl. anti-bullying)  My Emotions | Identities and Diversity | My Body and Growing Up | Keeping Safe (incl. Drug Education) | Healthy Lifestyles |
| **Year 1&2**  **Year 3&4**  **Year 5&6** | Rights, Rules and Responsibilities | My Emotions  Anti-bullying | Diversity and Communities | Drug Education | Managing Change  Conflict Resolution | Personal Safety  Sex & Relationships education (Year 5&6) |