### Year 5 music workshops

Monkfield Pa

On Monday this week, Year 5 were lucky enough to have a visit from university students who have just completed a PGCE in Music teaching. In collabo-



ration with one of their professors (who is head of music at CVC), the students worked with both classes and provided workshops that included studying a variety of vocal exercises, composing their own pieces of music, and then performing them in groups using all manner of instruments. It was evident from the faces and responses of the children they



were thrilled to take part and at times didn't even realise how much they were learning. A great day!

### Year 5 visit Audley End House

It has been another busy week for Year 5, as they visited Audley End house to complement their recent work on 'The Victorians'. The children were dressed in costumes of the time and used the visit as an opportunity to see what life was like for servants who worked in this era. The children were able to visit the servant quarters and the grounds to experience what life was like in Victorian times, learning much about the chores that had to be completed at 4 am in the morning! Children



tried their hand at being servants for the morning, as they learnt how to polish the silverware and set the table, as well as empty the chamber pots. Thank you to the children for their wonderful behaviour, the staff who organised this event and the volunteers who were able to accompany them.

### Help with the school library books

Friday 16th June 2017

Year 5 music work-

Year 5 visit Audley

Help with the school

Health and safety

Sentence starters

Head Teacher Roll of

**Friends of Monkfield** 

**Forthcoming dates** 

**Parenting courses** 

**Healthy eating recipe** 

**End House** 

In this issue:

shops

library

Honour

Park

With your help, and the help of Friends, we are beginning to plan a library refurbishment

over the next year or so. The funds raised through the many Friends events such as the school fete, the school discos and the Christmas fair, to name but a few, will be going towards this project. In order to purchase some new reading stock, there is something you could do to help.....Simply use the link https://

www.nationalbooktokens.com/ schools#.WUDu-U2GPIX to nominate our school to win £5,000 worth of books for our school library. If you can encourage other family members to do the same, that would be very much appreciated. The link will take you to a form to complete and further information about the draw.



WHERE TO SPEND BUY GIFT CARD CABOODLE REWARDS OUR VALUES MANAGE YOUR CARD



### **Health and Safety**

As part of health and safety procedures carried out in school, we hold fire evacuation practices each half term. This week we also introduced the children to 'in-vacuation' procedures, practiced during the morning break time. This procedure is in place in case we need to bring in all children from the outside environment as quickly as possible. All the children followed this new procedure well.



Win £100 Gift Card

### Sentence starters

Ask your Reception child to recreate the life cycle of a butterfly through actions.

Ask your Year 1 child to tell you who Henri Matisse is.

Ask your Year 2 child to name the properties of a 2-D or 3-D shape they are able to find from around the home.

Ask your Year 3 child what a healthy plant needs to grow.

Ask your Year 4 child to talk to you about a culture other than their own.

Ask your Year 5 child to perform a song they learnt in the music workshops on Monday.

Ask your Year 6 child what the similarities and differences between a myth and a legend are.

## Head Teacher roll of honour

Scarlett - Delphinus Class—for her constant determination, working independently at home and always responding to the advice she is given.

Noah in Pegasus Class—for having a positive attitude towards his learning, which has had a huge impact upon his learning. Well done Noah.

Friends of Monkfield Park

# We look forward to seeing you all tomorrow at the Summer Fete

12-3







Lots of great entertainment

Stalls

**Bouncy castles** 

Land Zorbs

Raffle

Face Painting

Glitter Tattoos

Beat the Goalie

Plus Lots more!



~~~~~~~~~~



#### Forthcoming dates

17th June—Summer fete 20th June—Year 4 Mini Olympics festival 21st June (a.m.) - Key Stage 2 sports day 23rd June (a.m.) - Key Stage 2 reserve sports day 27th June (a.m.) - Reception & Key Stage 1 sports day 30th June (a.m.) - Reception & Key Stage 1 reserve sports day 4th July 2pm—Year 6 performance 5th July 6pm—Year 6 performance 12th July (a.m.) Reception come and share event

14th July—Class swap morning

14th July—Reports sent home to families

17th July 3.30pm—Reports drop in for parents

19th July 10 am—Year 6 Leaver assembly

19th July—Year 6 Leaver party

20th July—Last day of term for children (end of term lunch

21st July—INSET day (school closed to children)



### Healthy Eating Recipe—Cod with Vegetable Ribbons

Serves 2

- 300g cod fillets
- ginger powder
- black pepper
  sea salt
- Sed Salt
- 1 tbs. olive oil
- 1 courgette, peeled into ribbons
- 1 large carrot, peeled into ribbons
- 1 each small yellow and red peppers, cut into thin strips
- 1 onion, sliced
- 2 tbs. rice vinegar
- 2 cloves garlic, crushed
- 1 tbs. fresh ginger, grated
- 1 tbs. soy sauce
- 1 tbs. lemon juice
- 1 teaspoon sesame oil

### Method

- 1. Preheat oven to 200 degrees C.
- 2. Rinse the cod in cold water and pat very dry.
- 3. Lightly oil an oven-proof dish.

4. Brush tops of fillets lightly with olive oil. Sprinkle both sides of the cod with black pepper, ginger powder, and sea salt and place in the dish.

5. Cover with tin foil and bake for 15 minutes

6. Whisk the rice vinegar, garlic, ginger, soy sauce, lemon juice and sesame oil.

- 7. Lightly toss the vegetables with the vinegar mixture and place In the oven for 5 minutes.
- 8. After 20 minutes check that the fish is cooked.
- 9. Serve the baked cod on top of the vegetables.