# Nevsletter 29

Nonkfield Park

Friday 14th May 2021

In this issue:

-Coronavirus restrictions update

-Lateral flow Vs PCR testing

-Headteacher Roll of Honour

-Sentence starters

-Forthcoming dates

-Early Intervention Family Worker newsletter Coronavirus restrictions update

Following the Prime Minister's announcements this week to continue with the planned 'Roadmap to recovery', we know that the next steps will need to be tentative in order for us to continue sustained improvement. In following Local Authority advice and Department for Education guidance for schools, please note that all of the protective measures we have seen throughout covid <u>remain in place</u> including the need to minimise group sizes through bubbles and handwashing etc. These will clearly will be reconsidered at step 4 but we are not there yet.

-Face coverings continue to be worn by staff and visitors in situations outside of classrooms where social distancing is not possible (for example, when moving around in corridors and communal areas).

-Handwashing procedures will remain in place.

-Social distancing will continue to be encouraged.

-Children will remain in pods throughout the school day and will continue to have lunch using such arrangements.

-Our internal one way system will remain in place and families will still be required to drop off and collect children under the current arrangements.

-Face to face visits to the school will not be possible, except in exceptional circumstances and in light of a risk assessment.

-Staff and families are continued to be encouraged to carry out asymptomatic lateral flow testing.

#### Lateral flow Vs PCR testing

We have received a number of queries from families about the differing purpose of lateral flow tests (LFTs) and polymerase chain reaction tests (PCRs). More guidance about this can be found at https://www.gov.uk/coronavirus. However, lateral flow testing is regular testing for those <u>without symptoms</u>. Such tests can be obtained from gov.uk, or you are able to locate a centre that will provide you with these at https://www.gov.uk/find-covid-19-lateral-flow-test-site. Once taken, if this test shows a positive result, a PCR test should be undertaken.

If someone is displaying the symptoms of COVID, they must get a <u>PCR test</u> as soon as possible. The person having the test, anyone in the same household, or childcare or support bubble should also stay at home if they have been in close contact with the person since the symptoms started or during the 48 hours before they started. Isolation should continue until the results of the test are received. The only reason to leave home, should be to have a test.

NHS

If you have no symptoms:

<u>Get regular rapid lateral flow</u> tests.

If you have coronavirus symptoms:

<u>get a PCR test</u>
stav at home

The main symptoms of coronavirus (COVID-19) are:

• **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)

• **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

• a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

HANDS ( ) FACE

Most people with symptoms have at least 1 of these.



We must keep on protecting each other.



STAY ALERT CONTROL THE VIRUS SAVE LIVES

## Year 6 reporting on the Shackleton expedition

Our Year 6 children became reporters this week as they reflected on the ground-breaking expedition undertaken by Shackleton and his crew, prior to the first World War. They discovered that Shackleton was someone who was restless and unfulfilled, but who became a role model for great leadership as a public figure.

Children used their knowledge of 'Alan Peat' sentences to construct well thought through newspaper report introductions as part of their learning in their English lesson. They had to consider the five 'Ws' that represent 'who, where, what, why and when', to ensure that they had captured all of the relevant information that a newspaper reader would need to know and to keep them gripped. Next week the children will be moving on to reported speech and they are using our 'working walls' to support them with this.



## Headteacher Roll of Honour

The following children have really grabbed our attention this week:

Unnati in Delphinus Class—The quality of Unnati's mathematical reasoning is something to behold. Her works shows an exemplary standard at all times. Unnati can also apply her mathematical understanding in problem solving situations.

Rory in Aquila Class—We have been impressed with Rory's topic work and the way he has completed his own research. Lovely independent thinking Rory.

## Sentence Starters

Ask your Reception child to count in 2s from 2 to 10 (and beyond if they can).

Ask your Year 1 child to find objects around the home that they can halve. Can they tell you what 'half' means?

Ask your Year 2 child what advice they would give to Mrs Unhealthy.

Ask your Year 3 child which notes they have now learnt to play on the recorder and which fingers they need to use to play them.

Ask your Year 4 child what Danegeld is?

Ask your Year 5 child to explain which scenario they found most risky in PSHE and why.

Ask your Year 6 child to explain how to find the mean from a set of values.



We must keep on protecting each other.



HANDS ( ) FACE

Forthcoming Dates 19th May-Reception celebration at 10am via Zoom (more details to follow) 21st May—Dorado Class assembly at 9.15am via Zoom (more details to follow) 21st May—Team pod afternoon 21st May—STEM Week 21st May-Class photos 28th May—Aquila Class assembly at 9.15am via Zoom (more details to follow) 28th May—Friends of Monkfield Park 'Break the Rules Day' (more details to follow) w/c 31st May-Half term 7th June—INSET day (school closed to children) 8th June—INSET day (school closed to children) 9th June—Children return 11th June—Indigo Class assembly at 9.15am (via Zoom, if necessary) 18th June—Lacerta Class assembly at 9.15am (via Zoom, if necessary) 21st June-Reception & Key Stage 1 sports day practise (all children to wear PE kits) 22nd June—Year 4 Mini Olympics (more details to follow) 23rd June—Reception & Key Stage 1 sports day (more details to follow) 24th June—Reserve Reception & Key Stage 1 sports day 28th June—Key Stage 2 sports day practise (all children to wear PE kits) 30th June-Key Stage 2 sports day (more details to follow) 1st July-Reserve Key Stage 2 sports day 1st July-New Reception children come and play at 9.30am 2nd July—Columba Class assembly at 9.15am(via Zoom, if necessary) 7th July-New Reception children come and play at 9.30am 7th July —New Reception parents' evening at 6.00pm (more details to follow) 8th & 9th July—Year 6 new intake days at Cambourne Village College 13th July-New Reception children come and play at 9.30am 14th July—Year 6 production at 2pm (via Zoom, if necessary) 15th July—Year 6 production at 6pm (via Zoom, if necessary) 21st July—Year 6 Leavers' assembly at 10am (via Zoom, if necessary) 22nd July-Last day of Summer term 23rd July-Start of Summer holidays

These dates may be subject to change if there are changes in Government and Local Authority guidance.

We must keep on protecting other.

HM Government

HANDS 🕥 FACE 🛉 🛶 SPACE

NHS

## Early Intervention Family Worker Newsletter 10<sup>th</sup> May 2021

## A Message From Me

Hi my name is Sam and I am your Early Intervention family worker. I can help support you with any general parenting issue you may be experiencing at home.

Please find my contact email address below. I look forward to hearing from you.

## Activity Idea - Well done jar!

A great way to encourage behaviours you want to see. What you will need:

- A clean jar
- Paper
- Pens/pencils

Ø

Catch your child being good!

Every time you spot your child doing something write it down and pop it in the jar. If you or your child are feeling creative, decorate with any craft materials you like.

A great way to promote positive behaviours and improve self-esteem.





National Children's Day is on Sunday 16<sup>th</sup> May, and the focus this year is on health and wellbeing in the light of the coronavirus pandemic. This is something relevant to us all right now, so it is a lovely time to think about having some quality time as a family and doing some child-centred activities. Visit <u>www.nationalchildrensdayuk.com</u> for more information and ideas.

#### Another Resource

The NHS identifies 5 simple steps to help us all with our wellbeing that are all great for doing with children:

- connect with other people
- get active
- learn or do something new
- do something for others
- take notice of the world around us

For more information, visit <u>www.nhs.uk/mental-health/self-help/guides-tools-and-activities/five-steps-to-mental-wellbeing/</u> or <u>www.mind.org.uk/workplace/mental-health-at-work/taking-care-of-yourself/five-ways-to-</u>

wellbeing/.

**Does** your child have, or potentially have, an additional need or disability? Pinpoint (www.pinpointcambs.org.uk) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer

Cambridgeshire County Council

Contact me directly on Samantha.stacey@cambridgeshire.gov.uk



### Foster for us today and show why you care!

Cambridgeshire County Council and Peterborough City Council are supporting this year's Foster Care Fortnight campaign (10<sup>th</sup> – 23<sup>rd</sup> May) and urging people to consider fostering as a career. We particularly need carers who can support children and young people between 10 -15 years old, sibling groups of brothers & sisters and short breaks Link foster carers.

<u>Foster Care Fortnight</u> is the UK's largest foster care awareness raising campaign and aims to show the positive impact foster care has made on young people's lives. Foster carers accomplish incredible things every day, and despite the practical and emotional challenges from coronavirus, foster carers continue to provide day-to-day support, love and stability to children and young people who can't live with their birth families.

We want to hear from anyone who is over 21, has a spare bedroom and the love and dedication to help our young people. We offer round the clock out of hours' support should you need it, a dedicated supervising social worker who will provide regular supervision and support and generous pay and benefits. Register today at <u>www.cambridgeshire.gov.uk/fostering</u> or call 0800 052 0078.

\^^^^^^^^^

Why not find out more by coming to our virtual information session on the 26<sup>th</sup> May from 6-8pm. Book now at: <u>FosteringMarketing@cambridgeshire.gov.uk</u>