

Newsletter 33

Friday 8th June 2018

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Healthy Lifestyles Week

Over the next week we will be focusing on how we can make ourselves more healthy. As part of our Healthy Lifestyles Week we are encouraging children to walk, bike, scoot, run or skate to school EVERY DAY. The children will be competing in their house teams to see which house team is the most physically active in their journey to school across the week. It would be great if you could support this initiative by leaving the car at home and using a more physically active (and economical) method instead. We hope that you will work with us as we strive to ensure that pupils at Monkfield Park are as active as possible, both inside school and at home.

Social Media and Online Safety



Most apps have a minimum usage age e.g. Whatsapp has recently raised the minimum usage age to 16 years from 13+ years. We have been made aware that a number of children have been experiencing verbal abuse and bullying via Whatsapp and when playing a number of popular games with others online. Each term we teach the children about online safety but it is important that you talk to your child about staying safe online. The NSPCC has a range of resources to help parents to talk to their children about this subject. They can be

accessed on :

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>

Year 4 Discover Burwell House



Year 4 got the half term off to a flying start when they visited Burwell House for a residential visit. Everyone had a very exciting time discovering the beautiful 18th century house and the three acres of landscaped grounds. Once they had settled into their rooms the children joined their working groups for the exciting programme of activities Burwell House offers. Each group participated in pond dipping, designed and built their own survival shelters, battled with the complex problem solving needed in the team building challenges, and took part in orienteering. The children were very sad to leave and wished that they could all have stayed for longer.



Head Teacher Roll of Honour

I would like to honour the following children who have showed perseverance and determination:

Jamie in Pegasus Class—Jamie showed great determination in overcoming his fears at PGL. He impressed all the teachers with his attitude and self-confidence.

Toby in Pegasus Class —You impressed Miss Simpson so much throughout your stay at PGL, Toby. It was wonderful to see you pushing yourself to your limits and really enjoying the thrill of it all.

Sam in Cygnus Class—Sam you were such a wonderful role model for everyone at Burwell House. You were always the first to volunteer for every job and supported the whole group.

Alina in Aquila Class—Alina you were so kind and supportive towards every member of Year 4 at Burwell House and impressed us all with your can-do attitude and enthusiasm.

Abi in Cygnus Class— for being so full of enthusiasm for everything we did at Burwell House, for never making a fuss and for always smiling. Thank you.

Non-Uniform Day



**KEEP
CALM
& ENJOY
NON-UNIFORM
DAY**

Next Friday, 15th June, we will be holding a non-uniform day to support the Friends of Monkfield Park. We are suggesting a donation of either £1 or a bottle (brand new and unused) for the Bottle Hoopla stall which will be one of the attractions at the Summer fete on Saturday 23rd June. Bottle donations can include anything from sauces to toiletries, blowing bubbles or soft drinks but NO ALCOHOL please.

Members of Friends will be available on the playgrounds to collect your donations at the start of the school day and again at pick up time.

Alternatively you can hand any donations to the school office.



If you would like to find out about the many exciting events the Friends of Monkfield Park have planned for the rest of the Summer term, including the Summer Fete, please see the full details on the school's web site at

http://www.monkfieldpark.cambs.sch.uk/website/friends_of_monkfield_park/

Sentence Starters

Ask your Reception child to give you three clues about a minibeast. Can you guess what it is?

Ask your Year 1 child where Mexico is.

Ask your Year 2 child to tell you about the sea creature they researched.

Ask your Year 3 child to tell you what the different parts of a plant do.

Ask your Year 4 child what they enjoyed most about their trip to Burwell House.

Ask your Year 5 child to explain what a life cycle is.

Ask your Year 6 child one thing they have learnt about transition to Cambourne VC from their Head of Year.

Forthcoming Dates

11th—15th June—Phonics check week	5th July -Headteacher's Drop In 10—11am
11th—15th June—Healthy Lifestyles Week	13th July—Class move up morning
20th June—Year 5 Careers' Convention	13th July—Reports sent out to parents/carers
21st June—KS2 Sports Day (Reserve 22nd June)	16th July—Reports Drop In Session
21st June—Headteacher's Drop In 2 –3pm	19th July—Year 6 Leavers' Assembly
28th June—KS1 Sports Day (Reserve 29th June)	19th July—Headteacher's Drop In 2 –3pm
3rd July—Year 6 performance	19th July—Year 6 Leavers' Party
4th July—Year 6 performance	20th July— Last day of Summer term

More On Healthy Lifestyles Week

Next week , as part of 'Healthy Lifestyles Week' the staff and children will be participating in a variety of fun and engaging activities that will give them the opportunity to be more active and to think about their lifestyles and how to keep themselves healthy. To encourage everyone to participate each day will be themed as follows:

Monday- *Mile Monday*

Thursday- *Fruity Thursday*

Tuesday- *Target Tuesday*

Friday- *Feel Good Friday*

Wednesday- *Workout Wednesday*

In addition the children will be running a healthy snacks stall after school from 3.15 pm onwards on the KS1 playground. All the house teams will have the opportunity to bring in a healthy, nut free snack to sell on the stall.

Monday - *Atlantis*

Thursday - *Endeavour*

Tuesday - *Challenger*

Friday - *Enterprise*

Wednesday- *Discovery*

We look forward to seeing and tasting the children's healthy creations!

Most Active Classrooms

Our active classrooms initiative is helping to improve behaviour and attention, support academic performance and strengthen classroom cohesion. We recently introduced an active challenge chart for each classroom to see which class can be the most active throughout the school week. Classes are enjoying completing 1 minute, 2 minute and 5 minute active challenges throughout the school day as a brain break. At the end of each week, the total number of active minutes for each class is collected and added to a whole class display. The winning classes for last half term have this week enjoyed a 'wacky races' afternoon. Great fun was had by Yellow Class and Phoenix Class as you can see! All classes in the school are now ready to see which class can be the most active in this second half of the Summer term.

