

Newsletter 6

Friday 16th October 2020

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Wrap Up Warm

Autumn is very definitely with us as the days are noticeably shorter and there is a chill in the air. This week we have turned the heating on in school but to minimise the transmission of Covid-19 it is absolutely vital that we maintain increased ventilation throughout the buildings by keeping the windows and doors open. Where possible, we are also continuing to do much of our learning outside if the weather allows. Please can you ensure that your child brings a coat and school jumper or fleece to school with them each day so that we can ensure everyone is safe and warm.



Forest Bathing

At Monkfield Park we always like to get 'out and about' with the children so that they can learn to appreciate the vast wealth of natural resources they have to enjoy in our own community.

This week Year 1 went on a woodland walk to compare a British woodland with the exotic tropical jungles they have been learning about in their topic lessons. Everyone was very excited to see squirrels preparing for winter and feel moss growing on the trees! The children could see how the weather affects the growth of plants in UK woodlands and they were very excited to be able to make excellent comparisons to some of the jungles they have been looking at from other parts of the world. I think the children's comments show how beneficial it is for us all to spend time amongst our trees and woodlands.

"I liked to see the squirrels."

"I liked touching the soft moss"



"I liked looking at the bird's nest."



"The moss was so green and fluffy."



Headteacher Roll of Honour

Spencer in Violet Class— Spencer has such a fantastic work ethic and rises to every challenge with great energy and enthusiasm. Thank you for being such a fantastic role model for others.

Malaika in Indigo Class—from her very first day in Indigo Class, Malaika has impressed her teachers with her enthusiasm for learning. Malaika is always organised and ready to learn.

Year 1 Get a Bit Fishy

Year 1 have been engrossed in their topic about animals this term. They have learnt so much through a range of wonderful resources and texts. One of the books they have really enjoyed sharing is 'Barry the Fish with Fingers' by Sue Hendra. In this charming tale Barry entertains everyone with his fingers because he is a fish who can paint, knit and play with puppets. However, the children were quick to point out that they didn't think fish really had fingers. After much discussion they came to the conclusion that they needed to do a proper scientific investigation to check their hypothesis.

The children were able to study some real fish and had great fun carrying out their scientific observations in great detail. They particularly loved seeing the gills moving and they all discovered that fish do not have fingers.



Sentence Starters

Ask your Reception child to tell you about the colours and shapes they found in Autumn leaves.

Ask your Year 1 child to describe what they saw on their trip to the woods.

Ask your Year 2 child to tell you how a polar bear has adapted to its habitat.

Ask your Year 3 child to tell you the easiest way to remember the 3, 4 and 8 times tables.

Ask your Year 4 child what are the dangers to living beings in our local habitat?

Ask your Year 5 child to explain the link between addition and subtraction.

Ask your Year 6 child to explain what a synonym is and give you some examples.

FORTHCOMING DATES 2020 to 2021

These dates may be subject to change if there are changes in Government and Local Authority guidance over the coming months. We hope to be able to produce a more extensive list as the term progresses. Currently it is planned to hold meetings and events via zoom.

22nd October 4—6. 30 pm—Parent consultation evening

26th—30th October—HALF TERM

2nd November—Children return to school

13th November at 9am—Indigo Class assembly

w/c 16th November—Anti bullying week

16th November—Flu vaccinations

8th December at 10am—Year 3 & 4 Carol Concert

9th December at 2pm—Year 3 & 4 Carol Concert

10th December at 2pm—Year 1 Nativity

10th December at 6pm—Year 3 & 4 Carol Concert

11th December at 10am—Year 1 Nativity

18th December—LAST DAY OF TERM

19th December—1st January 2021—CHRISTMAS BREAK

4th January Children return to school



Friendship Run

Due to current restrictions the Schools Sports Partnership will not be running any competitions this term but we will be taking part in some virtual ones instead. Next week all the children will be taking part in the Friendship Run during the school day. The focus will be on friendship, fun and wellbeing but with a bit of competition as well for all year groups! There will be lots of challenges and activities for the children to take part in and they will be encouraged to see how fast they can run one mile. The Sports Partnership will be presenting prizes for the fastest girl and boy in each year group. We hope this will be a fun and healthy conclusion to this half term.



Do you know the rules around when to self-isolate?

Do it for the ones you love and care about.
Do it to avoid a second damaging lockdown.

If you don't follow the rules you could spread Covid-19 to family, friends and work mates AND you could be fined.

You need to self-isolate if:

- 1** You or someone in your home has one or more of the symptoms of coronavirus



A high temperature



A new cough that does not stop (continuous)

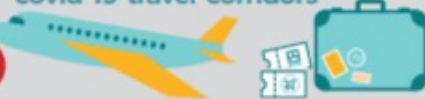


A loss of smell or taste

- 2** You have been asked to self-isolate as a result of being contacted by NHS Test and Trace



- 3** You have returned from a country which is on the quarantine list
www.gov.uk/guidance/coronavirus-covid-19-travel-corridors



- 4** If you test positive for Covid-19 or have been in contact with someone who has – **BY LAW** you **MUST** self-isolate

How long for:

- At least 10 days if you have symptoms or have tested positive. The 10 days starts from when symptoms began. If you don't have symptoms, the 10 days start from when you test positive
- 14 days if you live with someone who has symptoms or has tested positive. The 14 days start from when symptoms began, or from the date of the positive test for those who don't have symptoms



Need help to self-isolate?

- Support is available for some people who cannot work from home and will lose income if they need to self-isolate. **For more information please call 0345 045 5219**



For updates and advice please check our websites which will be regularly updated www.cambridgeshire.gov.uk and www.gov.uk

What should I do if...

Action needed...

I have tested **POSITIVE** for Covid-19. What are the self-isolation rules for me and the people I live with?

You must self-isolate for 10 days from the start of your symptoms, and until you do not have a fever for 48 hours. Everyone you live with should self-isolate for 14 days.

I have tested **NEGATIVE** for Covid-19. Can my household stop self-isolating with me?

Yes, you and your household can stop self-isolating if you are well and no one in your household or support bubble has Covid-19 symptoms.

Someone I live with has Covid-19 symptom/s. Should everyone in the household self-isolate? And should we all book a test?

Everyone in your household should self-isolate for 14 days. However, only the person with symptoms should book a test.

Someone I live with has tested **POSITIVE** for Covid-19. How long should everyone in the household self-isolate for? And should we all book a test?

Everyone in your household should self-isolate for 14 days. You must only book a test if you develop symptoms.

The person who tested positive should isolate for 10 days from the start of their symptoms, and until they do not have a fever for 48 hours.

Someone I live with has tested **NEGATIVE** for Covid-19. Can everyone in the household stop self-isolating?

Yes, you can all stop self-isolating if no one else in your household or support bubble has symptoms or has tested positive for Covid-19.

I have been contacted by NHS Test and Trace because my friend has tested positive for Covid-19. What are the isolation rules for myself and those I live with?

You must self-isolate for 14 days since you were last in contact with your friend. However, no one else in your household needs to self-isolate unless any of you develop symptoms. Only people who develop symptoms need to book a test.

I have been identified as a contact and told to self-isolate by NHS Test & Trace. I recently received a **NEGATIVE** test and no longer have symptoms. Do I still have to self-isolate?

Yes, you must still self-isolate for 14 days from when you were last in contact with the person that has Covid-19 because you could get symptoms after being tested.

I'm going on holiday abroad. Do I need to self-isolate when I get home?

You will need to check the latest list of countries on the quarantine list at www.gov.uk/guidance/coronavirus-covid-19-travel-corridors

I am experiencing Covid-19 symptom/s, can I still drop-off and pick-up my children at school?

No, you must stay at home for 10 days since your symptoms started. Everyone you live with will also need to isolate for 14 days.

I need to self-isolate, but I'm worried I will lose income because I cannot work from home. Where can I ask for help?

A £500 payment is available for people who need help to self-isolate and meet certain criteria. To find out if you qualify, please call **0345 045 5219**

14/10/20

